OUR STREETS NOW RESOURCE PACK

Higher Education Edition

Resources to help you learn about public sexual harassment and how to tackle it.
We at Our Streets Now are committed to ending public sexual harassment (PSH) through both legislative and cultural change.

This resource pack is part of the Our Schools Now Project. It contains information on PSH in all its forms, and ways to combat it.
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<td>Keywords/Phrases/Meanings</td>
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<tr>
<td><strong>Misogyny</strong></td>
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<tr>
<td>Hatred of women.</td>
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<tr>
<td><strong>Public Space</strong></td>
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<tr>
<td>An accessible site to the public that generates social interactions and behaviours.</td>
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<td><strong>Testimony</strong></td>
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<tr>
<td>A statement reporting a particular experience/event/fact.</td>
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<tr>
<td><strong>Privilege</strong></td>
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<tr>
<td>A special right, advantage, or immunity granted or available only to a particular person or group.</td>
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<tr>
<td><strong>Patriarchy</strong></td>
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<tr>
<td>A hierarchical structured society in which men hold more power.</td>
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<td><strong>BIPOC</strong></td>
</tr>
<tr>
<td>BIPOC is an acronym that stands for Black, Indigenous, and People of Colour.</td>
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<tr>
<td><strong>Underage</strong></td>
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<tr>
<td>A person under 18.</td>
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<td><strong>LGBTQ+</strong></td>
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<tr>
<td>An acronym for lesbian, gay, bisexual, transgender and queer or questioning. These terms are used to describe a person's sexual orientation or gender identity.</td>
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<tr>
<td><strong>Marginalised genders</strong></td>
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<tr>
<td>Individuals who may not identify as either male or female.</td>
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<tr>
<td><strong>Victim Blaming</strong></td>
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<tr>
<td>When the victim of a crime or harmful act is held fully or partially responsible for it, it makes it harder for people to come forward and report abuse.</td>
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<tr>
<td><strong>Trigger Warning</strong></td>
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<tr>
<td>A statement that someone is about to experience challenging material that could potentially be disturbing.</td>
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<td><strong>Sexism</strong></td>
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<tr>
<td>The idea that women are inferior to men.</td>
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<tr>
<td><strong>Racism</strong></td>
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<tr>
<td>Oppressive treatment of people based on the opinion that one race is better than another race(s).</td>
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<tr>
<td><strong>Internalised Sexism</strong></td>
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<tr>
<td>When the belief in women's inferiority becomes part of one's own worldview and self-concept.</td>
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<tr>
<td><strong>Ableism</strong></td>
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<tr>
<td>Discrimination against people with disabilities.</td>
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<tr>
<td><strong>Queerphobia</strong></td>
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<tr>
<td>Umbrella term for discrimination against LGBTQ+ people.</td>
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<tr>
<td><strong>Male Gaze</strong></td>
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<tr>
<td>A way of looking at the world through a masculine lens that views women as sexual objects.</td>
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AN INTRO TO PSH

WHAT IS PUBLIC SEXUAL HARASSMENT?

PUBLIC SEXUAL HARASSMENT (PSH) COMPRISSES UNWELCOMED AND UNWANTED ATTENTION, SEXUAL ADVANCES AND INTIMIDATING BEHAVIOUR BY STRANGERS OCCURRING IN PUBLIC SPACES. THIS CAN BE COMMITTED ON MULTIPLE, AND OFTEN INTERLOCKING, GROUNDS, BUT ALL FORMS OF PSH ARE INHERENTLY LINKED BY POWER AND CONTROL. IT IS USUALLY DIRECTED TOWARDS WOMEN AND OFTEN OPPRESSED GROUPS WITHIN SOCIETY. HOWEVER, IT CAN BE EXPERIENCED BY ALL.

WHY DO WE USE THE TERM PUBLIC SEXUAL HARASSMENT?

PSH DOES NOT JUST TAKE PLACE IN THE STREET, BUT ALSO GYMS, PARKS, PLACES OF EDUCATION, PUBLIC TRANSPORT AND MORE. PSH STOPS WOMEN AND GIRLS FROM ACCESSING PUBLIC SPACES AND CAN HAVE A PROFOND IMPACT ON WELLBEING AND EVERYDAY ACTIVITIES. JUST LIKE OTHER FORMS OF HARASSMENT, SUCH AS SEXUAL HARASSMENT IN THE WORKPLACE, PSH IS UNACCEPTABLE AND SHOULD NOT BE TRIVIALISED.

KEY STATISTICS

68% OF ADULT WOMEN HAVE EXPERIENCED SEXUAL HARASSMENT SINCE THE AGE OF 15 (EU FUNDAMENTAL RIGHTS AGENCY)

OVER 1/3 OF GIRLS EXPERIENCE VERBAL HARASSMENT AT LEAST ONCE A MONTH (END VIOLENCE AGAINST WOMEN)

TWO-THIRDS OF GIRLS HAVE EXPERIENCED UNWANTED SEXUAL ATTENTION IN PUBLIC (PLAN UK)

35% OF GIRLS HAVE BEEN SEXUALLY HARASSED WHILE WEARING THEIR SCHOOL UNIFORM (PLAN UK)
Education around PSH is crucial to ensure that people learn about what PSH consists of, the effects it can have and so much more. The Our Schools Now: Higher Education project is campaigning to raise awareness of PSH in HE and demand action from institutions. Our Ambassador scheme utilises the knowledge of the student ambassadors to create effective positive change adapted to the city and the institution.

The Our Schools Now Higher Education Solution

Provide
- Safe and clear report and support services for students

Promote
- Awareness of the experiences of women and non-binary students facing PSH

Encourage
- Institutions to work with external organisations such as transport providers to reduce harassment

Establish
- A clear and consistent zero tolerance policy in institutions

To Educate
- The male student body to become active allies

We deserve to feel safe
We deserve to be safe
FEMINISTS DON'T WEAR PINK AND OTHER LIES
BY SCARLETT CURTIS
Every woman has a different story to tell. Reading them all in one book might just change your life. With contributions from women like Keira Knightley, Amika George and Jameela Jamil, to name only a few this book full of mini-essays illustrates the path for our future leaders and feminists. Every girl has a story to tell, and here are just a few.

THE WAR ON WOMEN
BY SUE LLOYD-ROBERTS
"This is such a breath-taking book for opening your eyes up to so many issues you didn’t know existed. Over Sue’s 30-year-long career in human-rights journalism, she has travelled the globe and witnessed the worst atrocities inflicted on women. Observing first-hand the war on the female race, she’s experienced and interacted with the brave ones who fight back, all across the world."

INVISIBLE WOMEN, EXPOSING DATA BIAS IN A WORLD DESIGNED FOR MEN
BY CAROLINE CRIADO PEREZ
From government policy and medical research to technology, workplaces, and the media, Invisible Women reveals how in a world built for and by men we are systematically ignoring half of the population, often with disastrous consequences. With an impressive range of case studies, stories and new research from across the world that illustrate the hidden ways in which women are forgotten, and the profound impact this has on us all.

THE BURNING
BY LAURA BATES
A fiction-book about a world that is dominated by female power. Exploring the concepts of gender, hierarchy and power, it starts with a tingling in the fingers, a feeling of focus, of a change in the rhythm of the world, a pricking of the thumbs. It then leads to a revolution. If you like this try VOX by Christina Dalcher in which the roles are reversed.

When finding books, have a look at independent bookshops, secondhand shops, libraries, or ask your friends if you could borrow a copy!
From abstract: In this Article, Professor Bowman calls attention to these harms and proposes potential legal remedies for the harassment of women on the public streets. She begins by describing what street harassment involves and whom it affects and then discusses the legally cognizable harms to women and society. Next, she evaluates the criminal and civil laws that might be used to target harassment and describes their failings. Finally, she proposes new methods to stop street harassment and open the public sphere to women.

From introduction: Part I of this Article constructs the context -street harassment -in which African American women's embodiment will(1) be explored, by defining street harassment. Part II looks at street harassment's perpetuation of patriarchal domination by examining street harassment's social effects and the pre-existing context-psychological oppression that enables street harassment. Ultimately, street harassment causes harm by genderizing the street. Part III attempts to bring a fuller understanding to the harm caused by street harassment by exploring African American women's experiences with street harassment.


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From abstract: The goal of the present study was to treat street harassment as a public health issue akin to sexual harassment in terms of its negative effects. Anxiety and depression were hypothesized to be mediators of the effect of street harassment on sleep quality. Fully 252 female undergraduate students at a large U.S. Northeastern university were surveyed. Findings indicated that street harassment was positively related to anxiety and depression as well as negatively related to sleep quality.


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From abstract: The present research suggests that stranger harassment (i.e., experiencing unwanted sexual attention from strangers in public) is a frequent experience for young adult women, and that it has negative implications for their well-being...In concert, the findings suggest that stranger harassment may have both direct and indirect negative effects on women's lives, and that it is a phenomenon worthy of future research.


Abstract: In this article I analyze the social meanings of men's public harassment of women unknown to them. I consider various interpretations of street harassment, such as the harmless girl-watching some men claim to engage in or the invasions of privacy many women perceive in such behavior. Next I discuss multiple social functions of such harassment, and argue that all of these functions can be seen to work together to produce an environment of sexual terrorism. I also include a brief discussion of the importance of women naming their experiences of street harassment and suggestions for future communication research on this and other social issues of concern to women.


From abstract: Drawing on 60 individual and 20 focus group interviews with Muslim women in the United Kingdom who wear the niqab (face veil) and had experienced harassment in public, this qualitative study details their lived experiences. It argues that an intersectional analysis is crucial to understanding the nuances of their lived experiences and the impact street harassment has on their lives. The findings demonstrate that street harassment can produce a hostile environment for veiled Muslim women, which can have a terrorizing effect, limiting their full participation in the public sphere.


From book description: Based on original empirical research, this book is the first of its kind to conduct a feminist phenomenological analysis of the experience for women of men's stranger intrusions in public spaces. It suggests that intrusion from unknown men is a fundamental factor in how women understand and enact their embodied selfhood.

N.B. Much of the academic literature surrounding PSH uses terms like 'street harassment' and refers to only women and girls. Our streets now are committed to including other marginalised genders in its work and changing the vocabulary surrounding PSH both in academic literature and in everyday life.
Rape threats, racist slurs, being followed home, just some of the things that women and girls are subjected to on a daily basis. But there is a growing generation of young women who are no longer prepared to put up with it and have launched a campaign to make street harassment illegal. This video is only a few minutes long but so powerful.

https://youtu.be/9FcAvhxm38

As part of 16 Days of Activism 2017, Purple Drum launched a new film which centres the voices of young black and minority queer women speaking out about harassment in public, building on the momentum of our 2016 film, “I’d just like to be free”. Watch young queer women speak out about sexual harassment.

https://youtu.be/zKtvWSGJPE4

In May 2020, Channel 4 created this 10-minute video; “Social distancing measures haven't stopped street harassment. A recent survey has found that 1 in 5 girls aged between 14 and 21 have experienced some form of street harassment during the lockdown. But why is it happening at all, and how can we stop it?”

https://www.youtube.com/watch?v=r798M7wPU

What is street harassment, and why is it still happening in lockdown?

TEDx Talk - Jess Leigh

This talk takes you through what public sexual harassment is and the profound effect it has on women and girls in the UK and all across the world. It tells stories of real experiences, the lasting impact it has and what you can do to help.

https://youtu.be/bGZbyUGm3vs

“Calling Time on Street Harassment”

“We should be able to be who we want to be”

As part of 16 Days of Activism 2017, Purple Drum launched a new film which centres the voices of young black and minority queer women speaking out about harassment in public, building on the momentum of our 2016 film, “I’d just like to be free”. Which you can find later on in the pack. Watch young queer women speak out about sexual harassment.

https://youtu.be/zKtvWSGJPE4
Intersectionality acknowledges a person's range of social identities (eg. gender, race, sexuality, etc.) as a whole, rather than considering them as separate pieces.

Intersectionality identifies advantages and disadvantages that are felt by people due to a combination of factors.

Understanding that inequalities are not created equal.

**WHERE DID THIS TERM COME FROM?**
Professor Kimberlé Crenshaw coined the term “intersectionality” in a 1989 academic paper.

**IT COMES FROM BLACK, QUEER, FEMINIST THOUGHT.**

**INTERSECTIONALITY LOOKS AT**

**POWER**
The amount of control or influence somebody has.

**PRIVILEGE**
The amounts of right, immunity, or benefit enjoyed by a particular person.

**OPPRESSION**
The amount of prolonged cruel or unjust treatment or exercise of authority.

Intersectional feminism centres the voices of those experiencing overlapping forms of oppression. It recognises that we are made up of multiple identities, and the oppression we may experience reflects that. Types of prejudice such as sexism or racism do not always exist in isolation, but often combine to form a new type of oppression. Intersectionality, therefore, illuminates the overlaps between inequalities and gives us a more accurate understanding of the world we live in today.
Queerphobic PSH

LGBTQ+ PSH Explained

LGBTQ stands for Lesbian, Gay, Bisexual, Transgender and Queer or Questioning. The ‘plus’ represents the inclusion of all other identities that are related to sexuality and gender and the LGBTQ+ community.

PSH that the LGBTQ+ community experience may target their

Gender Identity

Stonewall’s 2017 report found that 41% of trans people had experienced a hate crime or incident in the last 12 months because of their gender identity. Transgender and non-binary people can face harassment and intrusive questions in public spaces, particularly in gendered spaces.

Gender Expression

People can experience PSH targeted at how they express themselves, or how they dress, particularly if they are perceived to ‘appear LGBTQ+’.

Sexuality

People who go out in public with a same-sex partner can be afraid to be themselves or show affection because of a fear of PSH. Plan UK found that half of the young LGBTQ+ women had been followed in public.

Everyone should have the right to be themselves in public without fear of harassment or attack. Transphobic or homophobic PSH threatens this right.

There is an intersection between homophobia and misogyny. Queer women face both homophobia and misogyny at the same time. They’re hypersexualised by the male gaze.

33% of LGBTQ+ people say they don’t feel comfortable walking down the street holding their partner’s hand.

44% of trans people avoid certain streets because they don’t feel safe.

LGBTQ Stands for Lesbian, Gay, Bisexual, Transgender and Queer or Questioning. The ‘Plus’ represents the inclusion of all other identities that are related to sexuality and gender and the LGBTQ+ Community.
The definition of racism is prejudice, discrimination, or antagonism directed against a person or people based on their membership of a particular racial or ethnic group, typically one that is a minority or marginalised.

Experiences of sexual harassment discriminate and differentiate on the grounds of race. There is an intersection between racism and the experiences of PSH.

Experiences are described in this video "I'd just like to be free" - young women speak out about sexual harassment. https://youtu.be/LJ-QPvIBPDU

"I was walking on the street and this guy was following me. He was saying 'come on show me your face, show me your face' and after a few streets I took my niqab off and showed him my face. I was so scared that I took it off". - testimony submitted to OSN

You should be able to feel comfortable and safe in public spaces without the fear of being harassed, particularly based on your gender, skin colour or expression of your religion. Like other forms of sexual harassment and assault, PSH is about power and control.

BiPoc girls and young women often talk about stereotypes from the community they were perceived to belong to. They describe being followed or looked at when in a racial minority locally, or others feeling entitled to look at them or touch them. They often experience different types of PSH in comparison to their white friends.

Whilst 34 per cent of 14 to 21-year olds reported having been followed, this rose to 43 per cent of BAME young women.

(PLAN UK report)
UNDERAGE PSH

UNDERAGE PSH EXPLAINED

UNDERAGE PSH IS WHEN A PERSON WHO IS UNDER 18 EXPERIENCES SEXUAL HARASSMENT BY A STRANGER, WHO MAY BE MUCH OLDER THAN THEM, IN PUBLIC.

THE STATISTICS

1/3
1/3 GIRLS HAVE EXPERIENCE UNWANTED SEXUAL ATTENTION WHILST WEARING THEIR SCHOOL UNIFORM.

-PLAN INTERNATIONAL UK

2/3
2/3 OF GIRLS AGED 14 TO 21 HAVE EXPERIENCED UNWANTED SEXUAL ATTENTION OR HARASSMENT IN A PUBLIC PLACE.

-PLAN INTERNATIONAL UK

42%
42% OF GIRLS WHO HAVE EXPERIENCED PSH DIDN’T TELL ANYONE ABOUT THEIR EXPERIENCE.

-PLAN INTERNATIONAL UK

TO BE VULNERABLE IS TO BE CAPABLE OF BEING PHYSICALLY OR EMOTIONALLY WOUNDED. UNDERAGE PEOPLE ARE MORE VULNERABLE.

A CHILD WHO EXPERIENCES PSH MAY BE MORE SUSCEPTIBLE TO VICTIM-BLAMING. THEY MAY BLAME THEMSELVES OR THEIR CLOTHES FOR THE HARASSMENT THEY HAVE FACED. ON THE OTHER HAND, AN ADULT WILL KNOW, USUALLY FROM EXPERIENCE, THAT CLOTHES HAVE NOTHING TO DO WITH RESPONSIBILITY AND IT IS NEVER YOUR FAULT, NO MATTER WHAT YOU WEAR.

AN ADULT MIGHT FEEL SAFER IN PUBLIC AS THEY MIGHT KNOW WHO TO CALL OR WHERE TO GO WHEN THEY FEEL UNSAFE OR UNCOMFORTABLE.

WHEN PSH HAPPENS FROM A YOUNG AGE, WE INTERNALISE IT. IT BECOMES PART OF OUR EVERYDAY LIFE, AND WE BEGIN TO ACCEPT IT. BUT PSH IS NOT NORMAL. IT IS ABOUT POWER AND CONTROL.

IT ONLY HAPPENS IF YOU’RE OVER 18

"When I was 9, I walked down the street in boots, jeans, and a hoodie when a 16 yr old boy called on me and said, "what’s under that hoodie? I bet it looks good whatever it is." -anonymous

42%
12 OUT OF 3 GIRLS HAVE RECEIVED UNWANTED SEXUAL ATTENTION IN PUBLIC

@OURSSTREETSNOW

"I was walking home from school in my full uniform when a car started driving alongside me. I heard “get in” “stop ignoring us" and “come on sexy baby” one of them even started getting out the car so I ran away. I was 13.”

-VICTIM OF STREET HARASSMENT
THE UK EQUALITY ACT 2010 DEFINES A PERSON WITH A DISABILITY IF THEY HAVE A 'PHYSICAL OR MENTAL IMPAIRMENT THAT HAS A SUBSTANTIAL (MORE THAN MINOR OR TRIVIAL) AND LONG-TERM (12 MONTHS OR MORE) NEGATIVE EFFECT(S) ON THEIR ABILITY TO DO NORMAL DAILY ACTIVITIES'.

DEFINITION OF DISABILITY UNDER THE EQUALITY ACT 2010

SCHOOLS NEED TO DO THEIR PART!
WHEN DEVELOPING A PSH POLICY, EDUCATORS MUST INCLUDE STUDENTS WITH DISABILITIES AND THEIR SPECIFIC NEEDS. EDUCATORS NEED TO CONSIDER GENDER, RACE, SEXUALITY AND OTHER SOCIAL CATEGORIES. AS DISABLED GIRLS, THEY SUFFER, AT LEAST, DOUBLE OPPRESSION.

DISSEMINATE THIS POLICY IN ACCESSIBLE FORMATS, SO THAT ALL STUDENTS ARE EQUALLY ABLE TO REACH IT. TRAIN YOUR STAFF - SO THEY RESPOND APPROPRIATELY TO PSH REPORTS AND INCIDENTS INVOLVING GIRLS WITH DISABILITIES.

ENGAGE YOUR STUDENTS TO FIGHT STEREOTYPES TOWARDS DISABLED GIRLS.
PSH-EDUCATION AND SEX-EDUCATION NEED TO FOCUS ON DISABILITY. LACK OF INFORMATION AND KNOWLEDGE LIMIT DISABLED GIRLS ABILITY TO DETECT VIOLENCE, REPORT INCIDENTS AND DEFEND THEMSELVES.

OFTEN, PEOPLE WITH DISABILITIES, ESPECIALLY WOMEN AND GIRLS, ARE PORTRAYED AS BEING POWERLESS AND HELPLESS.

FREQUENTLY, NON-DISABLED PEOPLE BELIEVE THAT WOMEN/GIRLS WITH DISABILITIES ARE PASSIVE VICTIMS IN THE FACE OF PSH. THIS IS INACCURATE! DISABLED WOMEN/GIRLS FIGHT BACK, BY REPORTING AND PROTESTING AGAINST PSH. BUT THEIR VOICES ARE OFTEN IGNORED.

DISSEMINATE THIS POLICY IN ACCESSIBLE FORMATS, SO THAT ALL STUDENTS ARE EQUALLY ABLE TO REACH IT.

TRAIN YOUR STAFF - SO THEY RESPOND APPROPRIATELY TO PSH REPORTS AND INCIDENTS INVOLVING GIRLS WITH DISABILITIES.

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THE STATISTICS

21% (14.1 MILLION) PEOPLE REPORTED HAVING A DISABILITY
8% WERE CHILDREN

5X MORE LIKELY IN 2018, WOMEN WITH DISABILITIES WERE OVER FIVE TIMES MORE LIKELY TO HAVE EXPERIENCED SEXUAL ASSAULT THAN MEN WITH DISABILITY.

DISABILITY AND CRIME, UK OFFICE FOR NATIONAL STATISTICS

TWICE AS LIKELY IN 2018, WOMEN WITH DISABILITIES WERE TWICE AS LIKELY TO HAVE EXPERIENCED SEXUAL ASSAULT THAN NON-DISABLED WOMEN.

DISABILITY AND CRIME, UK OFFICE FOR NATIONAL STATISTICS

1 IN 3 PEOPLE WITH DISABILITIES FEEL THAT THEY FACE PLENTY OF PREJUDICE IN BRITAIN

"THIS NEEDS TO BE ILLEGAL. THIS NEEDS TO STOP. FOR ME I THOUGHT BECOMING DISABLED WOULD BE MY HARDEST BATTLE, BUT NOW THE ANXIETY OF GOING OUT FEELING AT MY WEAKEST AND FACING HARASSMENT ON A DAILY BASIS IS BECOME MY NORMAL. THIS ISN'T NORMAL."

-TESTIMONY SUBMITTED TO OUR STREETS NOW.

AN ABLEIST SOCIETY IS PARTLY THE RESULT OF A LACK OF AWARENESS ABOUT THE ACCESSIBILITY NEEDS OF PEOPLE WITH DISABILITIES COUPLED WITH PHYSICAL BARRIERS AND ATTITUDINAL BARRIERS (EG. SAYING SOMEONE DOESN'T "LOOK" DISABLED). NOT ALL DISABILITIES ARE VISIBLE.

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Response to PSH

**PERSONAL RESPONSE**

**Trust Your Instincts.**
There is no "right" or "ideal" response to harassment. Listen to what your gut instinct is telling you and know your safety is a priority.

**Claim the Space.**
Some people find it useful to document what is happening through a phone, or talking to the perpetrator directly (e.g., "Person in the red shirt stop touching me" or "Stop harassing me"). You could also engage bystanders.

**Share Your Experience.**
PSH can be traumatic. Share what has happened with someone you trust. Find something that works for you (e.g., developing an affirmation like 'I deserve better' or 'I am strong').

**Bystander Intervention**

**Distract.**
Distract is an indirect way to draw attention away from what's going on. You could ask them a question or knock something over.

**Delegate.**
Ask for help. This could be directing the bartender to what is going on or calling out what's going on to someone nearby and ask them if they can do something.

**Direct.**
Speak up and speak out. Call the harasser out. Directly say what is going on and tell them to stop. Eg "Person in the red shirt stop shouting at them".

**Have you ever reported PSH to a teacher?**

**If you need more support please look on our 'Where to Go Next' page.**
How can you help?

SIGN OUR PETITION.

VISIT OUR WEBSITE HERE AND SUBMIT YOUR TESTIMONY.
HTTPS://WWW.OURSTREETSNOW.ORG/OUR-STREETS

FOLLOW OUR INSTAGRAM, TWITTER AND FACEBOOK: @OURSTREETSNOW

SIGN UP TO OUR NEWSLETTER HERE
HTTP://EEPURL.COM/G8UCBR

WORK WITH YOUR UNIVERSITY OSN GROUP OR BECOME AN AMBASSADOR! JOIN HERE: **WILL LINK TO WEBSITE**

TALK TO THOSE AROUND YOU ABOUT PSH, AND ITS EFFECTS.

READ OUR REPORT ON PSH IN EDUCATION.

TWEET YOUR PROVOST FINDINGS OF REPORT

IF YOU ARE A STUDENT, USE OUR TEMPLATE LETTER TO WRITE TO YOUR INSTITUTION ABOUT PSH HERE
HTTPS://DOCS.GOOGLE.COM/DOCUMENT/D/1QUZNAWPKKBPQIVX_ZDPQZSKWBPSYUU091MSQFBM/EDIT?USP=SHARING

*LINK TO WEBSITE*
WHERE TO GO FROM HERE?

MENTAL HEALTH SUPPORT
If you are in immediate danger to yourself or others call **999 or Samaritans on 116 123.**

Anxiety UK offers tailored support for those with anxiety **03444 775 774**
Open 9:00am-10:00pm Monday to Friday, and 10:00am-8:00pm Saturday and Sunday.

Mind operates as an initial space to discuss mental health and can signpost relevant services for an individual. **0300 123 3393**
Open 9:00am-6:00pm Monday to Friday.

OUR SCHOOLS NOW: HE
**new link to website**
Follow the link above to find all the information and resources you need to make a difference at your university.

If you’re a student, we have a template letter you can use to urge your institution to take action.

If you’re a member of staff, take a look at the recommendations at the bottom of our executive summary.

HE INSTITUTIONAL SUPPORT
Higher education institutions often have their own support services. These can include free and confidential counselling, health and wellbeing support officers, and welfare officers. Searching ‘student support’ followed by your institution’s name should direct you to the relevant pages.

At some institutions, OSN HE ambassadors will be active. Ambassadors are not professionally trained but can help you find support and direct you to services.

READ OUR FULL REPORT ON EDUCATION AND PSH
The report examines how 100 students and graduates spoke about their experiences of public sexual harassment, how it impacted them and what they want to change. It has aimed to understand and portray these perspectives as well as their experiences of public sexual harassment within an education setting.

HOLLABACK
FREE online training on bystander intervention and what to do if it happens to you. Available **HERE**

STOP STREET HARASSMENT
Main website link **HERE**
They are dedicated to documenting and ending gender-based street harassment worldwide.

CONTINUE
Continue learning.
Continue making a change.
Continue campaigning.
Continue using your voice.
About this pack

THIS RESOURCE PACK WAS ADAPTED FROM THE RESOURCE PACK CREATED AS PART OF THE OUR STREETS NOW PROJECT CALLED 'OUR SCHOOLS NOW'. THIS PROJECT AIMS TO EDUCATE PEOPLE ON PUBLIC SEXUAL HARASSMENT (PSH).

THIS RESOURCE PACK ORIGINATED FROM THE OUR STREETS NOW SURVEY REPORT, WHICH EXAMINES THE EXPERIENCES OF 100 STUDENTS AND GRADUATES ON PUBLIC SEXUAL HARASSMENT. THE SURVEY SPECIFICALLY LOOKED INTO THE WAYS PSH IMPACTED THE PARTICIPANTS AND THE CHANGES THEY WANT IN EDUCATIONAL SETTINGS REGARDING PSH.

THIS RESOURCE PACK WAS PUT TOGETHER BY JESS LEIGH, A CAMPAIGNER AT OUR STREETS NOW.

SPECIAL THANKS TO ISSY WARREN, ISABELLE MATTHEWS, MAYA TUTTON, GEMMA TUTTON AND RENATA GUIMARÃES NASO WHO CONTRIBUTED TO THIS PACK, AS WELL AS TO THE ENTIRE OUR SCHOOLS NOW FOR THEIR RESEARCH AND SUPPORT.

FINALLY, THANK YOU TO THE WHOLE TEAM AT OUR STREETS NOW WHO PROMOTED THE SURVEY, LED SOCIAL MEDIA, CREATED ARTWORK AND SO MUCH MORE TO MAKE THIS PACK A REALITY.

ARTWORK IN THIS PACK WAS MADE BY @EBRUILLUSTRATES, @JAJONC AND @SRAVYA_ATTALURI.

FOR MORE INFORMATION PLEASE VISIT OUR WEBSITE:

HTTPS://WWW.OURSTREETSNOW.ORG/OUR-STREETS